ZUUUM iBike Power Meter Detail

This is the affordable power meter for the committed cycling enthusiast.

ZUUUM iBike Meter – What You Know Using a ZUUUM Meter

ZUUUM meters showcase "Normalized Power". Better than knowing Average Power, Normalized Power, developed by scientists, is a formula telling you "how hard your body has worked" for the ride. You can think of it as your "Personal Power".

ZUUUM meters show this number to you during the ride. This is shown on the second meter screen (get there by pressing the center button once) and indicated by a bullseye.

From one ride to the next this Personal Power number will become very important to you. On days you're looking to take things up a notch you be looking to better your last ride's Personal Power (Normalized Power) number. Average power varies according to many conditions and is hard to target when riding in hilly country or on roads requiring frequent stops.

Personal Power will guide you. If you focus on it by leaving your meter on this screen for most of your ride you will find that it is one valuable piece of information and you will enjoy the ZUUUM meter immensely.

ZUUUM iBike Power Cycling Computer Need to Know Instructions

- 1) **Turn On:** press any button on the computer. If it does not turn on please charge up the computer using the USB cable.
- 2) **Turn Off:** press the left arrow button and view the battery charge level. Press and hold the center button until the computer turns off.

- 3) **Enter Setup Mode:** press and hold the up arrow button until device says SET UP. You will want to spend time getting to know the setup mode. After a few rides sit down and navigate through the menus. Play with Set Up mode... it is the key to knowing the computer.
- 4) **Default ZUUUM Mode:** from the factory the computer is set to ZUUUM Clinic mode. You can see this in setup mode. ZUUUM mode is abbreviated to UUU in the setup sequence. You will not need to change this for your first dozen rides so no need to do anything at this time.

ZUUUM iBike Computer Good to Know Advice

- 5) **Mounting Bracket:** The bracket's metal screws can crack the plastic bracket if the screws are tightened with too much force. PLEASE do not over tighten the screws as the bracket plastic will crack.
- 6) **Newton Q & A Forum:** For FAQ and technical discussions, the Newton iBike forum can be found here: <u>www.ibikeforum.com</u>
- 7) **ISAAC Software:** It is free and your way to use your computer to get the most out of the computer. You can set computer settings and see your ride data. You can set your FTP (Functional Threshold Power) easily in your computer. Get ISAAC here: www.ibikesports.com
- 8) **Instruction Manuals:** Yes, there are manuals for the Newton and ISAAC. You can get them here: www.ibikesports.com